



June 2-4, 2023

Saskatoon, Saskatchewan

Friday, June 2 nd		
7 – 8 am	Registration	
8 – 8:30 am	Conference Opening	
8:30 – 10 am	Keynote	Dr. Christina Bjorndal - Beyond Supplements: Supporting Patients' Mental, Emotional and Spiritual Health
10 – 10:45 am	Exhibitor Break	
10:45 – 12:15 am	Concurrent sessions	Dr. Sonya Doherty, ND - Neurodevelopmental Disorders and Pediatric Mental Health (MAIN)
		Dr. Amber McKinnon, ND - What is Risk? Context and Considerations for Clinical Conversations (BREAKOUT ROOM)
12:15 – 1:15 pm	Lunch & exhibitor break	
1:15 – 2:15 pm	Concurrent sessions	Dr. Julia Malkowski, ND - Is Modern Life Making Us Sick? Biological Factors of Depression (MAIN)
		Dr. Mandy Swinden Milliquet, ND - Muscle for your Mind (BREAKOUT ROOM)
2:15 – 3:00 pm	Exhibitor Break	
3:00 – 4:30 pm	Keynote	Dr. Romi Fung, ND - How Not to Treat Dementia: Reframing our position on dementia and Alzheimer's disease.
4:30 – 5:00 pm	Exhibitor Break	
5 – 6:30 pm	Cocktail, Appetizers & Awards Evening	Mix and mingle + Awards Ceremony: ND of the Year, Vendor of the Year, Vendor Rep of the Year
Saturday, June 3 rd		
7-8 am	Practical session	Dr. Tim Mrazek ND - Qi gong
8 – 9:30 am	Keynote	Dr. Penny Kendall-Reed, ND - The Alarming Rise in Addictions: Is dopamine the answer?
9:30 – 10:15 am	Exhibitor Break	
10:15 – 11:45 am	Concurrent sessions	Dr. Katrina Cox, ND - Renewing Life After Cancer (MAIN)
		Dr. Ariel Jones, ND - Uses and Efficacy of IV Medicine in the Treatment of Mental and Emotional Health Issues (BREAKOUT)
11:45 – 12:45 pm	Lunch & exhibitor break	
12:45 – 2:15 pm	Keynote	Dr. Node Smith, ND - Furthering the Conversation of Integral as the "New Holistic": Health Mapping and Integral Counseling
2:15 – 2:45 pm	Exhibitor Break	
2:45 – 4:15 pm	Keynote	Lisa Kusch, M.Sc. B.Ed. CBRA, BBA, SBT, Registered Psychotherapist - Foundations in Breathing Behaviour Analysis and Functional Recovery
4:15 – 5:15 pm	Keynote	Sarah Binsfeld, M.Ed. Registered Psychotherapist - Psychedelic Assisted Psychotherapy
5:15 – 5:45 pm	Practical session	Psychedelic Breathwork Practical w Lisa and Sarah
6 pm +	Hudson's Pub dinner	
Sunday, June 4 th		
7:30 – 9 am	Keynote	Dr. Rigobert Kefferputz, ND - The Middle Passage
9 – 10:30 am	Keynote	Dr. Lylen Ferris, ND - Break the Cycle of Insomnia and Mood Concerns in Menopause
10:30 – 11 am	Brunch break	
11 – 12:30 pm	Elder panel	Dr. Douglas Amell ND, Dr. Tim Mrazek ND, Dr. Sussanna Czeranko ND, Dr. Pat Wales ND, Dr. Verna Hunt ND
12:30 – 2 pm	Closing Keynote	Kim Barthel - The Neurobiology of Trauma and Holding Space
2 – 2:30 pm	Conference Closing	